



SCHOOL NEWSLETTER



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SAFEGUARDING SNIPPET

Supporting Positive Mental Health

As we celebrate World Mental Health Day, it is a good time to think about how best we can support our children's mental health positively.

Children's mental health is just as important as their physical health, and there are lots of simple ways we can support their wellbeing at home. Taking time to listen, talk and spend time together helps children feel safe, valued and understood.

Encourage healthy routines such as regular sleep, nutritious meals, fresh air and plenty of opportunities for play and exercise. Help children name and talk about their feelings, reassuring them that all emotions are normal and that it is okay to ask for help.

Small moments can make a big difference: sharing a chat at bedtime, enjoying a family activity, celebrating their efforts and reminding them of the things they are good at can all help build confidence and resilience.

Most importantly, let your child know that they can always come to you with their worries. A listening ear, a calm response and plenty of reassurance can go a long way. Please do reach out to your child's class teacher should you have any worries or concerns about your child as we are here to help.

UPCOMING EVENTS

- 8th -12th Oct - Travelling Book Fair
- 13th Oct - Parents' Evening 3.30pm-6pm
- 14th Oct - Individual School Photos
- 15th Oct - Parents' Evening 3.30pm-6pm
- 22nd Oct - End of Term 1
- 2nd Nov - Start of Term 2
- 10th Nov - Film Festival Trip - Ospreys
- 18th Nov - Film Festival Trip - Owls
- 23rd Nov - Film Festival Trip - Falcons
- 24th Nov - Film Festival Trip - Hawks



ATTENDANCE

CLASS ATTENDANCE FOR

28TH SEPTEMBER- 2ND OCTOBER 2026

KS1: MRS POTTER 99.7%

KS2: MRS JARVIS 99.3%

OVERALL SCHOOL ATTENDANCE: 96.74%





HOCKEY TOURNAMENT

On Friday 2nd October, 2 Monkshouse teams travelled to Surfleet for the first hockey tournament of the year, hoping to repeat the successes of last year where we won 2 out of the 4 leagues! The A team got off to a wonderful start winning their first game 5-0, unfortunately in their next game they suffered a 2-0 loss against a very impressive Tower Road side. Thankfully, they finished on a high winning 4-0 against St Norberts. As for our B team, most of this team had never played a competitive hockey match before! Despite this and a few nerves, they got off to a perfect start also winning their first game 5-0! Followed by a 0-0 draw against Tower Road and a 2-0 loss against St John's, the B team had a very respectable first outing as a team, Well done everyone!

Goals:

Noah, Tom and George M-3

Jacob and Eddie- 2

Mikolaj-1

Assists:

Elliot- 3

Mikolaj-2

Tom, Frankie, Jacob, Kajus, George M and George P- 1

YEAR 3/4 FOOTBALL

On Tuesday 6th October, a group of year 3/4 boys travelled to West Pinchbeck to take part in a football tournament. The tournament was split into a morning league phase and an afternoon knockout round of those who finished 1st or 2nd in their respective leagues. The boys got off to the best possible start winning their first game 7-1! Their next game was an extremely entertaining one coming up against Market Deeping where Monkshouse narrowly lost 3-2. Our last league game however was an emphatic 5-1 win against St Johns, securing qualification into the quarter finals. Unfortunately, that is where the boys' day would end. A valiant effort to come from 1-0 down to draw level with Moulton Harrow, the boys went out on Penalties. Some great team work, confidence and perseverance on show, well done boys!

Goals:

Timas- 7

Eddie-6

Nikita-2

CELEBRATION ASSEMBLY - 9TH OCTOBER

★★★★★ PUPIL OF THE WEEK ★★★★★

Lennon, Lydia, Jaxon, Ruairi, Freddie, Piper, Ava, Arthur, Edward, Lia, Sophia, Ruby, Noah, Mikolaj

VALUES

Alicja, Claudia, Iris, Emma, Roza, Molly, Olivia, Lunar, Curlews, Neve, Luca, Paula, Max, Jacob, Aubree, Dev, Aurika



CHRISTMAS DESIGN PROJECT



Children have been busy creating festive artwork as part of the Cauliflower Cards Christmas Design Project. Families can order personalised Christmas cards, gift labels, wrapping paper, notebooks and mugs featuring their child's design.

Orders and payment must be made online using the unique code on your child's order form. Completed artwork and order forms must be returned to school by Thursday 22nd October. Products will be delivered at the beginning of December, making them perfect for Christmas gifts and greetings while also helping to raise funds for our school.

MRS ELSTON - ELSA

WHAT IF WORRIES OR HERE AND NOW WORRIES?

What If?" Worries are future worries:

"What if I get it wrong?" "What if nobody plays with me?"

Here and Now" Worries are things happening right now: "I've lost my coat." "I don't understand my work?"

When a worry pops up, encourage your child to ask: "Is this happening right now?"

If it's a What If? worry, take a breath and focus on what is happening right now.

If it's a Here and Now worry, think about one small thing they can do?

You could also use the worry tree to help. (If you would like a larger version of the worry tree pop into the office and pick one up).

Remember: We don't have to solve tomorrow's worries today!



Mrs Elston - School ELSA



BAFTA

The children at Little BAFTA have been having lots of fun - some have been dressing up, some using stencils, getting messy with the play foam. We have all been enjoying being outside in the sunshine playing with the diggers in the rice and the water play tray.





YEAR 2 - SKYLARKS

Skylarks enjoyed their Godly play this week with Mrs Smith. The theme was the 10 commandments. The children listened to the story of how they were given to Moses to teach his people how to live. The children were asked to think of their own rules! Some children drew pictures of the story, some made stick puppets to retell the story in groups and others made the Mount Sinai out of lego.



YEAR 3 - SWIFTS

It has been a busy week of learning for Swifts. In Science, we have been learning about nutrition and different nutrient groups. We worked around the playground to find information about the different groups and what they do for our bodies. In Music, we explored repeating patterns, listening carefully and working together to copy and perform different patterns. In Computing, we have been learning about how computers are connected, exploring how information can be passed between devices and learning about network switches, servers and wireless access points. It has been lovely to see the children getting involved in a range of practical activities throughout the week.



YEAR 6 - FALCONS

Falcons have been doing brilliantly in their yoga lessons this term. They have really impressed with their ability to use balance, control and concentration as they move between a range of challenging poses. From Tree Pose and Single Leg Stands to Aeroplane and Dancer, the children have shown fantastic perseverance, carefully holding each position with increasing stability. They have learned to focus on their breathing, keep their movements slow and controlled, and most importantly, keep trying when a pose feels tricky. I have been incredibly impressed with their determination and progress.

