



# Monkshouse Primary Academy

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4<sup>th</sup> November 2025

## Anti-bullying Week

Dear Parents/carers

From Monday 10<sup>th</sup> to Friday 14<sup>th</sup> November 2025, our school will be taking part in **Anti-Bullying Week**. The national theme this year is "Power for Good", which focuses on helping children understand how their words and actions can make a positive difference to others.

### What's happening in school

#### Odd Socks Day - Monday 10<sup>th</sup> November

We will begin the week with Odd Socks Day. Children (and staff) are encouraged to wear odd socks to celebrate what makes each of us unique. There is no need to purchase anything new, simply wear two different socks to join in the fun. Normal school uniform should still be worn.

#### BBC Live Assembly - Monday 10<sup>th</sup> November at 11am

Our KS2 classes will tune into the BBC's live **Anti-Bullying Week assembly**, which will explore the "Power for Good" theme through inspiring stories, music and discussions about kindness and inclusion.

#### Class kindness project

Throughout the week, each class will be taking part in a small kindness project. They will spend one afternoon planning and carrying out a simple act of kindness within our school community. Examples include writing thank-you cards, creating positive posters or helping another class in some way.

These activities are designed to help pupils think about how they can use their "power for good" to support others and make our school a welcoming, kind place for everyone.

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### How you can get involved

There is no expectation to take part at home, but families are warmly invited to join in if they wish. You might like to carry out a small act of kindness together during the week, such as:

- Helping a neighbour
- Writing a kind note to a friend or family member
- Picking up litter in your local area
- Doing something thoughtful for someone at home

If you would like to share your act of kindness, you can upload a photo, a short note, or a picture your child has made to **Seesaw**. Alternatively, your child can bring something into school, such as a drawing, written reflection or small piece of evidence of what they have done, to share with their class.

Please note that there are **no fundraising or donation requests** linked to this event.

If you have any questions, please contact the school office.

Thank you for your support in helping us continue to promote kindness, empathy and respect across our school community.

Warm regards,  
Mr. Bullock  
PSHE Lead