

Fitness Friday Challenge - Week 7!



Tomorrow's challenge (26th February) is to complete as many

MOUNTAIN CLIMBERS

as you can between 9am and 3pm.

http://www.viewpure.com/qrMPkj_Ch2E?start=0&end=0

After 3pm tomorrow, please message your teacher on Tapestry/Seesaw/Microsoft Teams to let them know how many mountain climbers you managed to complete during the day. If you are unable to access those learning platforms, please email Mrs Turner at hannah.turner.monkshouse.lincs.sch.uk with your name and number of mountain climbers completed.

Good luck!