

# Unplugged Fridays



Since the beginning of lockdown, we have all spent a lot of time on screens to complete our learning. For the next two Friday afternoons (5<sup>th</sup> February and 12<sup>th</sup> February), we would like you to complete some challenges which involve being away from your laptop, tablet or phone screen. Teachers will not be setting you any work on these afternoons - it is a chance to have a go at some of the following ideas (or some of the Feel Good Friday ideas). You may choose to complete some other screen free activities that you enjoy. All we say is .... have fun!

Use materials you find around the house to build a den or fort	Wash the car	Make a handprint tree <a href="http://www.artycraftykids.com/art/autumn-handprint-tree/">http://www.artycraftykids.com/art/autumn-handprint-tree/</a>	Create a collage <a href="https://artfulparent.com/collage-art-ideas-kids/">https://artfulparent.com/collage-art-ideas-kids/</a>
Bake a cake	Make a time capsule to remember what you did during the Covid-19 pandemic	Write a letter to someone you admire	Make homemade cards and send them to friends and family members
Have a tea party	Design some outfits and then put on a fashion show	Create an art gallery and display some of your art creations	Build the tallest tower you can out of building blocks/Lego.
Build a junk model monster	Design your very own school - what would you learn? Who would your teachers be?	Go bird watching and make a note/draw the different birds you see	Make finger puppets and use them to retell a story <a href="https://iheartcraftythings.com/adorable-duck-finger-puppets.html">https://iheartcraftythings.com/adorable-duck-finger-puppets.html</a>
Collect some leaves and create leaf prints or rubbings <a href="http://www.kokokokids.ru/2011/10/fall-art.html">http://www.kokokokids.ru/2011/10/fall-art.html</a>	Do a DIY science experiment <a href="https://www.architecturedesign.net/35-science-experiments-that-are-basically-magic/">https://www.architecturedesign.net/35-science-experiments-that-are-basically-magic/</a>	Make and fly paper aeroplanes <a href="https://bouncebackparenting.com/how-to-make-the-best-paper-airplane/">https://bouncebackparenting.com/how-to-make-the-best-paper-airplane/</a>	Make breakfast or dinner for your family, creating a menu to explain what they will be eating

<p>Make an origami model</p> <p><a href="https://www.redtedart.com/tmnt-bookmarks-diy/">https://www.redtedart.com/tmnt-bookmarks-diy/</a></p>	<p>Create a scrapbook of memories that are special to you</p>	<p>Create a picture by printing with Lego</p> <p><a href="https://www.teachingideas.co.uk/2d-art/printing-with-lego">https://www.teachingideas.co.uk/2d-art/printing-with-lego</a></p>	<p>Explore outside and take some abstract photographs of everyday items</p>
<p>Make button jewellery</p> <p><a href="https://kidsactivitiesblog.com/27565/button-craft">https://kidsactivitiesblog.com/27565/button-craft</a></p>	<p>Create your own animal. Could you combine two of your favourites? What will you call it?</p>	<p>Design and draw/make a new musical instrument. How would you play it and what will it sound like?</p>	<p>Make up your own 5 minute exercise routine. What will you include? Teach it to someone else in your household.</p>
<p>Fingerprint art! Use only your fingertips and paint to create a picture.</p>	<p>Make a bookmark to use when you're reading.</p>	<p>Make some wild art using sticks, leaves, flowers and anything else you can find outdoors.</p>	<p>Write a silly sentence that includes all of these words... BANANA, CURTAIN, DOLPHIN, SNOW and BALLOON. Now think of your own words and write some more!</p>
<p>Ping pong story telling! Write the opening sentence to a story, then someone else writes the next line. Then it's your turn again! Keep alternating until you have a full story.</p>	<p>Describe the most disgusting meal EVER! What is in it? Spaghetti worms, toenails on toast or something else?</p>	<p>Create a comic strip about an animal who turns into a superhero. Which animal will you choose?</p>	<p>Create a family kindness jar. Every time someone does something kind, write it down and put it in the jar. When the jar is full you all deserve a special treat!</p>
<p>Use your body to make the shape of a letter. How many more can you make? Can you make every letter in the alphabet?</p>	<p>Play alphabet bingo! Can you spot an item in your home or garden that starts with the letter a,b,c and so on?</p>	<p>Start a diary. Write a short entry every day about what you do and how you feel. It will be good to look back on when you're older.</p>	<p>Make a game that you and your family or friends can play.</p>
<p>Have a dance-off with someone</p>	<p>Design a new dinosaur. What did it eat? What was its name?</p>	<p>Write a poem about lockdown and Covid-19</p>	<p>Create an obstacle course to race around</p>